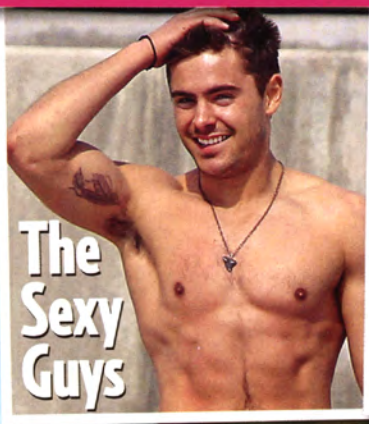


Pullout Poster! BETHENNY'S AT HOME YOGA PLAN

WEEKLY

US



The Sexy Guys



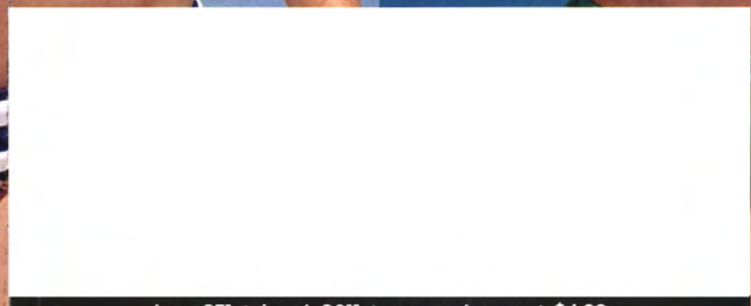
Leo & Blake!
A New Romance



SPECIAL ISSUE

HOT BODIES 2011

Stars share their favorite diet & toning secrets to get sexy fast



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Us Hot Bodies!

75 2011'S SEXIEST STARS!

- *Us* celebrates **Carrie Underwood**, **Katy Perry**, **Zac Efron** and more of Hollywood's best figures
- **Bethenny Frankel** tells *Us* how yoga transformed her mind — and her body
- **Lady Gaga's** trainer tells *Us* how the pop star got in killer shape
- Three of *Glee's* fittest stars bare their bodies — and share their stay-svelte tips!
- Prewedding workout! Inside **Vanessa Minnillo's** prep for her big day
- Celebs' go-to trainers **Cara Castronuova**, **Tracy Anderson**, **Gunnar Peterson** and **Harley Pasternak** reveal their secrets to *Us*
- **Kourtney Kardashian**, **Kendra Wilkinson**, **Miranda Kerr** and other moms thrill in sexy swimsuits

Style

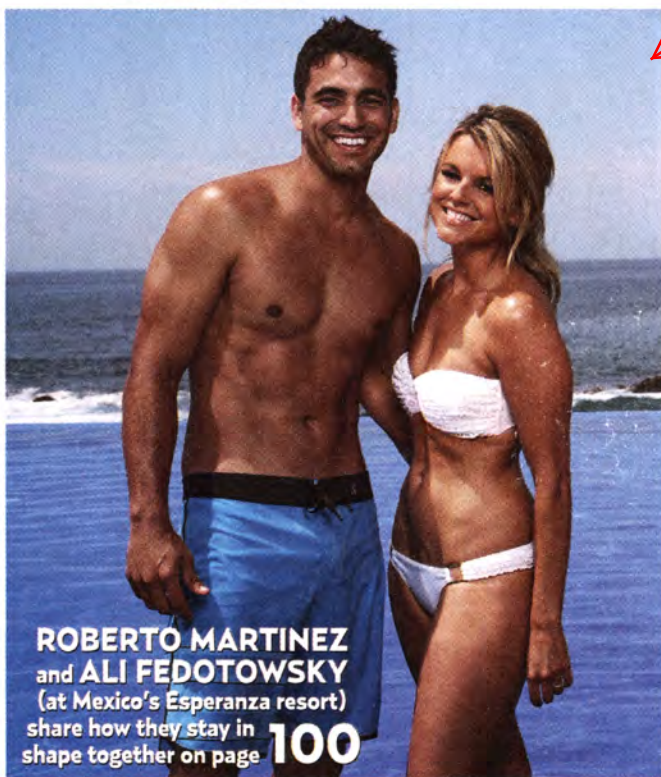
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Look flawless in a two-piece with celebs' top beauty tricks

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Jersey Shore's **PAUL "PAULY D" DELVECCHIO** scored a spot on *Us's* Hot Bodies list. See other celebs who made the **75** cut on page



ROBERTO MARTINEZ and ALI FEDOTOWSKY (at Mexico's *Esperanza* resort) share how they stay in shape together on page **100**

ON THE COVER: SP/ASH/WIREIMAGE.COM (2); INSERTS: FROM LEFT: PINK/COASTNEWS.COM; ANDREAS BRANCH/PATRICKMULLAN.COM/SPA PRESS; ANGTAME PICTURES; PHOTOGRAPHS BY FODOLIO MARTINEZ; CLOTHING: ON-ALL-PL/0 (BIRN)

CORRECTION In the May 30 issue (*Hot Stuff*, page 48), we incorrectly reported that Justin Timberlake is a co-owner of the restaurant Southern Hospitality. He is actually a cocreator. *Us* regrets the error.

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ROBERTO AND ALI

To stay buff, the pair hike, bike and swim together; they visited five pools at the Esperanza resort in Cabo San Lucas, Mexico, during their trip with the Sutters! "It's more fun that way," says Ali Fedotowsky, 26. She's also trying to get fiancé Roberto Martinez, 26, into hot yoga — even though his flexibility is lacking. Admits the golfer: "My Downward Dog is not up to par!"

The San Diego-based duo often dine on sautéed chicken and veggies.



Bachelorette *Getaway!*

These reality loves reveal how they stayed sexy after cameras stopped rolling **BY ERICKA SÓUTER**

